

| NAME OF THE COURSE | | Preschool exercising | | | | | |
|---|---|---|--|--|--------------------------|---|----|
| Code | 119145 | Year of study | | | 1 st graduate | | |
| Course teacher | Associate professor, Sunčica Delaš Kalinski, PhD | Credits (ECTS) | | | 3 | | |
| Associate teachers | Associate professor, Frane Žuvela, PhD Associate professor, Ana Kezić, PhD | Type of instruction (number of hours) | | | L | S | E |
| | | | | | 15 | 0 | 30 |
| Status of the course | Elective | Percentage of application of e-learning | | | | | |
| COURSE DESCRIPTION | | | | | | | |
| Course objectives | To enable students to implement physical exercising with children of the early and the pre-school age. | | | | | | |
| Course enrolment requirements and entry competences required for the course | | | | | | | |
| Learning outcomes expected at the level of the course (4 to 10 learning outcomes) | <ul style="list-style-type: none"> - To explain anthropological characteristics and motor development of children of early and preschool age; - to organize, apply and analyze different ways of teaching and learning of children of early and preschool age; - to apply the performance of a large number of biotic motor skills (different locomotor, non-locomotor and manipulative) in various conditions with children of early and preschool age; - to create and apply the use of different methodological organizational forms of work, with emphasis on creation of polygons, using different biotic and structurally simple specialized motor skills, with children of early and preschool age; - to analyze and evaluate the locomotor, non-locomotor and manipulative biotic motor skills of children of early and preschool age; - to create, organize and apply plan, program and presentational classes of physical exercising for children of early and preschool age. | | | | | | |
| Course content broken down in detail by weekly class schedule (syllabus) | Lectures | | | Teacher | | | |
| | Anthropological characteristics and motor development of children of early and preschool age (2 hours) | | | Associate professor, Sunčica Delaš Kalinski, PhD | | | |
| | Methods of teaching and learning children of early and preschool age (2 hours) | | | Associate professor, Sunčica Delaš Kalinski, PhD | | | |
| | Methodological organizational working forms with children of early and preschool age (2 hours) | | | Associate professor, Sunčica Delaš Kalinski, PhD | | | |
| | Locomotor, nonlocomotor and manipulative biotic motor skills (4 hours) | | | Associate professor, Sunčica Delaš Kalinski, PhD | | | |
| | Creating polygons in programs of physical exercising of children of early and preschool age (2 hours) | | | Associate professor, Sunčica Delaš Kalinski, PhD | | | |
| | Measuring a biotic motor skills in children of early and preschool age (2 hours) | | | Associate professor, Frane Zuvela, PhD, Associate professor, Ana Kezic, PhD | | | |
| | Creating and organizing presentational classes of physical exercising for children of early and preschool age (1 hour) | | | Associate professor, Sunčica Delaš Kalinski, PhD | | | |
| | Exercises | | | Teacher | | | |

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| | Organization and implementation of physical exercising with children of early and preschool age (24 hours) | Associate professor, Sunčica Delaš Kalinski, PhD | | | | |
| | Games in preschool (4 hours) | Associate professor, Sunčica Delaš Kalinski, PhD | | | | |
| | The implementation of presentational classes of physical exercising for children of early and preschool age (2 hours) | Associate professor, Sunčica Delaš Kalinski, PhD | | | | |
| Format of instruction | <input checked="" type="checkbox"/> lectures <input type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> <i>on line</i> in entirety <input type="checkbox"/> partial e-learning <input type="checkbox"/> field work | <input checked="" type="checkbox"/> independent assignments <input type="checkbox"/> multimedia <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other) | | | | |
| Student responsibilities | Students should: - attend theoretical lectures; - actively participate during practical training (to demonstrate and assist); - actively participate (to demonstrate and assist) and independently organize classes with preschoolers. | | | | | |
| Screening student work (name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course) | Class attendance | 0.5 | Research | | Practical training | 1 |
| | Experimental work | | Report | | Presentation class | 1. |
| | Essay | | Seminar essay | | (Other) | |
| | Tests | | Oral exam | | (Other) | |
| | Written exam | | Project | | (Other) | |
| Grading and evaluating student work in class and at the final exam | Assessment and evaluation of the acquired competences from the course <i>Preschool exercising</i> is the result of the presentational class of physical exercise with the children of early or pre-school age quality. | | | | | |
| Required literature (available in the library and via other media) | Title | | | | Number of copies in the library | Available via other media |
| | http://canadiansportforlife.ca/sites/default/files/flipbooks/pl/DevelopingPhysicalLiteracy.html | | | | | x |
| | http://www.northwestcoaching.com/sites/default/files/FundamentalSkillsPhysicalLiteracy.pdf | | | | | x |
| Optional literature (at the time of submission of study programme proposal) | <ol style="list-style-type: none"> Garcia, C., Garcia, L., Floyd, J., & Lawson, J. (2002). Improving public health through early childhood movement programs. <i>Journal of Physical Education, Recreation & Dance</i>, 73(1), 27-53. Smith, J. (Activities for Gross Motor Skills Development Early Childhood Barbara Sher. The Whole Spectrum of Social, Motor and Sensory Games: Using Every Child's Natural Love of Play to Enhance Key Skills and Promote. | | | | | |
| Quality assurance methods that ensure the | <ul style="list-style-type: none"> Active presence of students in all forms of teaching. Regular consultation attendance. Continuous mentor's supervision of the implementation of physical exercise with the children of early and preschool age. | | | | | |

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| acquisition of exit competences | <ul style="list-style-type: none">- Independent organization and implementation of presentational class of physical exercise with children of early and preschool age.- External evaluation of teaching quality through 'Questionnaire for student's evaluation of teaching'. |
| Other (as the proposer wishes to add) | http://moodle.kfst.hr/course/view.php?id=502 |