

NAME OF THE COURSE	THEORY AND METHODOLOGY OF OLYMPIC RACQUET SPORTS					
Code		Year of study	1 st graduate			
Course teacher/s	Goran Munivrana, PhD	Credits (ECTS)	3			
Associate teachers		Type of instruction (number of lessons per semester)	L	S	E	
			8	7	30	
Status of the course	Elective	Percentage of application of e-learning				
COURSE DESCRIPTION						
Course objectives	Acquiring methodological competencies for teaching basic elements of the three Olympic racket spots (tennis, table tennis and badminton) technique and tactics					
Course enrolment requirements and entry competencies required for the course						
Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	<ul style="list-style-type: none"> - Describing historical development of racket sports in the World and domestically - Understanding and explaining basic game rules of the three Olympic racket sports - Explaining and applying acquired knowledge concerning organisation of school competitions in racket sports - Understanding and explaining the structure of different performance determinants in the three Olympic racket sports - Interpreting the hypothetical model of the factors contributing to success in the three Olympic racket sports - Explaining the importance and the role of basic physical traits and attributes in high level game in the three Olympic racket sports - Explaining technical and tactical structure of the three Olympic racket sports - Explaining and demonstrating basic racket holding/grip techniques, basic stances and movement technique and basic stroke techniques in the three Olympic racket sports - Describing the methodology of teaching the basic playing technique in the Olympic racket sports 					
Course content broken down in detail by weekly class schedule (syllabus)	Lectures					
	No.	Teaching topic :			Class taught by:	
	1.	Structural analysis of the three Olympic racket sports			Goran Munivrana, PhD	
	2.	Anthropological analysis of Olympic racket sports			Goran Munivrana, PhD	
	3.	Historical development of racket sports			Goran Munivrana, PhD	
Seminars						
No.	Teaching topic :			Class taught by:		
1.	Basic rules and regulations of the three Olympic racket sports			Goran Munivrana, PhD		

2.	Organization of school, recreational and professional level competitions in Olympic racket sports	Goran Munivrana, PhD
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Exercises:

No	Teaching topic:	Class taught by:
1.	Methodology of technical-tactical training in table tennis (preparatory exercises off the table)	Goran Munivrana, PhD
2.	Methodology of technical-tactical training in table tennis (preparatory exercises on the table)	Goran Munivrana, PhD
3.	Methodology of technical-tactical training in table tennis (basic positioning and movement techniques in table tennis)	Goran Munivrana, PhD
4.	Methodology of technical-tactical training in table tennis (performing basic stroke techniques without rotation)	Goran Munivrana, PhD
5.	Methodology of technical-tactical training in table tennis (performing basic stroke techniques with a rotation)	Goran Munivrana, PhD
6.	Methodology of technical-tactical training in table tennis (linking basic table tennis stroke performing techniques with basic movement techniques)	Goran Munivrana, PhD
	Practical exam TT	Goran Munivrana, PhD
7.	Methodology of technical-tactical training in badminton (preparatory exercises of the court)	Goran Munivrana, PhD
8.	Methodology of technical-tactical training in badminton(preparatory exercises on the court)	Goran Munivrana, PhD
9.	Methodology of technical-tactical training in badminton (basic positioning and movement techniques in badminton)	Goran Munivrana, PhD
10.	Methodology of technical-tactical training in badminton (performing basic stroke techniques)	Goran Munivrana, PhD
11.	Methodology of technical-tactical training in badminton (performing basic stroke techniques)	Goran Munivrana, PhD
12.	Methodology of technical-tactical training in badminton (linking basic badminton stroke techniques with basic movement techniques in play)	Goran Munivrana, PhD

		Practical exam BAD	Goran Munivrana, PhD		
	13.	Methodology of technical-tactical training in tennis (basic positioning and movement techniques)	Goran Munivrana, PhD		
	14.	Methodology of technical-tactical training in tennis (basic stroke techniques)	Goran Munivrana, PhD		
Format of instruction:	<input checked="" type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> <i>online</i> in entirety <input type="checkbox"/> partial e-learning <input type="checkbox"/> field work	<input type="checkbox"/> independent assignments <input type="checkbox"/> multimedia <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)			
Student responsibilities					
Screening student work (<i>name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course</i>):	Class attendance	1	Research	Practical training	1
	Experimental work		Report	Written assignment – posture analysis	
	Essay		Seminar paper	Students' class attendance and engagement	
	Tests		Oral exam	(Other)	
	Written exam	1	Project	(Other)	
Grading and evaluating student work in class and at the final exam	<p>Final grade for the course "Theory and methodology of Olympic racquet sports" is determined on the basis of points earned on the:</p> <ul style="list-style-type: none"> → Practical evaluation of acquired knowledge and skills accounting for 33% of the final grade → written exam accounting for 33% of the final grade → Students' class attendance and engagement accounting for 33% of the final grade → oral exam only in case the final grade at the course is still not absolutely clear, or if on the basis of the obtained grades there is a chance for student to take on additional oral exam to obtain a higher grade than initially allocated 				
Required literature (available in the library and via other media)	Title		Number of copies in the library	Availability via other media	
	1. Kondrič, M., Hudetz, R., Furjan-Mandić, G. (2010). Fundamentals of table tennis				
	2. Hudetz, R. (2000). <i>Technique with Vladimirom Samsonov</i> . Zagreb: Huno Sport.				
	3. Hudetz, R. (2003). <i>Tactique in table tennis</i> . Zagreb: Huno Sport.				

	4. DBF. Badminton in school (2000). Croatian badminton association		
	5. Lees, A. Science and the major racket sports: A review. <i>J Sports Sci</i> 2003, 21, 707–32. DOI: 10.1080/0264041031000140275		
Additional literature	<ol style="list-style-type: none"> 1. Seemiller, D., Holowchak, M. (2000). <i>Winning table tennis – Skills, drills and strategies</i>. Zagreb: GOPAL 2. Petrinović Zekan, L. i D. Ciliga (2002): Badminton games in physical education. U Zbornik radova 2nd International Science and Expert Symposium: A Child in Motion, Kranjska gora, Slovenija. 3. Munivrana, G.; Filipčić, A.; Filipčić, T. Relationship of speed, agility, neuromuscular power, and selected anthropometrical variables and performance results of male and female junior tennis players. <i>Coll Antropol</i> 2015, 39, 109-16. 		
Quality assurance methods that ensure the acquisition of established learning outcomes	Seminar, oral exam, student evaluation of the class and the teachers		
Other (according to the proposer)			