

NAME OF THE COURSE		Futsal				
Code	119386	Year of study	2 <sup>nd</sup> graduate			
Course teacher	Ante Rađa, PhD	Credits (ECTS)	3			
Associate teachers		Type of instruction (number of hours)	L	S	E	F
			10	20	15	
Status of the course	Elective	Percentage of application of e-learning				
COURSE DESCRIPTION						
Course objectives	To teach students some basic theoretical knowledge and practical skills in futsal, and to enable students to independently apply their knowledge and skills to practice (applying elemental techniques and tactics of futsal).					
Course enrolment requirements and entry competences required for the course	None.					
Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	<p>At the completion of this course, students will be able to do the following:</p> <ul style="list-style-type: none"> <li>- to prepare the most important events in the history of futsal</li> <li>- to define basic principles of futsal</li> <li>- to explain the purpose of performing some futsal techniques</li> <li>- to demonstrate the proper performance of some futsal techniques</li> <li>- to analyze specific methodological procedures in futsal</li> <li>- to identify the cause of errors in the performance of the futsal technique</li> <li>- to generate and propose methodological procedures for eliminating detected errors in the futsal technique</li> <li>- to understand the rules of futsal</li> </ul>					
Course content broken down in detail by weekly class schedule (syllabus)	<b>Lectures</b>		<b>Teacher</b>			
	Futsal history. Differences between soccer and futsal. Futsal rules. (2 hours)		Ante Rađa, PhD			
	Characteristics and abilities of futsal players and goalkeepers. (2 hours)		Ante Rađa, PhD			
	Futsal technique (movement, dribbling, shooting, passing). (2 hours)		Ante Rađa, PhD			
	Futsal tactics (individual and team tactics). (2 hours)		Ante Rađa, PhD			
	Game systems, written exam. (2 hours)		Ante Rađa, PhD			
	<b>Seminars</b>		<b>Teacher</b>			
	Method of training: receiving the ball with bottom of the foot and with inner part of the foot. (2 hours)		Ante Rađa, PhD			
	Method of training: receiving the ball with outer and middle part of the foot. (2 hours)		Ante Rađa, PhD			
	Method of training: receiving the ball with thighs. (2 hours)		Ante Rađa, PhD			
	Method of training: receiving the ball with chest and with head. (2 hours)		Ante Rađa, PhD			
	Method of training: dribbling the ball with bottom of the foot and with inner part of the foot. (2 hours)		Ante Rađa, PhD			
	Method of training: dribbling the ball with outer and middle part of the foot, counter attack, organised attack. (2 hours)		Ante Rađa, PhD			

	Attack systems 2:2, 1:2:1, 3:1, 4:0 (rotation) (2 hours)		Ante Rađa, PhD			
	Individual defence, zonal defence (2 hours)		Ante Rađa, PhD			
	Defence systems 1:2:1, 3:1, 2:2 (2 hours)		Ante Rađa, PhD			
	Playing with goalkeeper-player in the field, pressing. (2 hours)		Ante Rađa, PhD			
	<b>Excercises</b>			<b>Teacher</b>		
	Receiving the ball with bottom of the foot and with inner part of the foot (1 hour)		Ante Rađa, PhD			
	Receiving the ball with outer and middle part of the foot (1 hour)		Ante Rađa, PhD			
	Receiving the ball with thighs (1 hour)		Ante Rađa, PhD			
	Receiving the ball with chest and with head (1 hour)		Ante Rađa, PhD			
	Dribbling the ball with bottom of the foot and with inner part of the foot (1 hour)		Ante Rađa, PhD			
	Dribbling the ball with outer and middle part of the foot (1 hour)		Ante Rađa, PhD			
	Practical exam (1 hour)		Ante Rađa, PhD			
	Kicking with inner and outer part of the foot (1 hour)		Ante Rađa, PhD			
	Instep kick (1 hour)		Ante Rađa, PhD			
	Toe kick, head kick (1 hour)		Ante Rađa, PhD			
	Individual tactics (1 hour)		Ante Rađa, PhD			
	Group tactics (1 hour)		Ante Rađa, PhD			
Attack systems (1 hour)		Ante Rađa, PhD				
Defence systems (1 hour)		Ante Rađa, PhD				
Practical exam (1 hour)		Ante Rađa, PhD				
Format of instruction	x lectures x seminars and workshops <input type="checkbox"/> exercises <input type="checkbox"/> <i>on line</i> in entirety <input type="checkbox"/> partial e-learning <input type="checkbox"/> field work		x independent assignments x multimedia <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)			
Student responsibilities	Attendance at all forms of teaching					
Screening student work ( <i>name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course</i> )	Class attendance	0.5	Research		Practical training	1
	Experimental work		Report		(Other)	
	Essay		Seminar essay		(Other)	
	Tests	0.5	Oral exam	0.5	(Other)	
	Written exam	0.5	Project		(Other)	
Grading and evaluating student work in class and at the final exam	The final grade in the Futsal case is determined based on the achieved points from: Tests (one semester from lecture topics) carries a total of 20% of the final grade Practical exams / exams bear a total of 60% of the final grade Oral exam carries 20% of the final grade					
	The classroom with lecture topics will be held within the lecture hours according to the scheduled schedule and will contain the completed material until the day of the colloquium.					
	In case the student does not submit a test within the lecture, he will be enabled to retake the					

	<p>test according to the schedule that will be timely passed, and within the examination term of the subject (February - 1 term, June - 1 term, July - 1 term and September - 1 term)</p> <p>Practical test / exam It will be held in the last week of classes. In the event that a student does not pass a practical exam within a lecture, he will be offered schedule that will be timely passed and within the examination term of the subject (February - 1 term, June - 1 term, July - 1 term and September - 1 term)</p> <p>Oral exam Oral exams may be taken on regular exams at the end of the semester provided that a practical part of the exam has been passed before. By successfully completing the theoretical test students are exempted from the oral exam.</p> <p>Success will be evaluated on the basis of participation in the lectures, the results of the examination and the final exam.</p>		
Required literature (available in the library and via other media)	<b>Title</b>	<b>Number of copies in the library</b>	<b>Availability via other media</b>
	Habibija, Dž. (2009). <i>Futsal</i> . Dževad Habibija, Print Team, Mostar.		
	Hruškar, S. (2006). <i>Fizička priprema u futsalu</i> . (Diplomski rad), Kineziološki fakultet Sveučilišta u Zagrebu, Zagreb.		
	Federation Internationale de Football Association (FIFA) (2010). <i>Futsal Laws of the Game 2010/2011</i> .		
	Hermans V. & Engler, R. (2011). <i>Technique tactics training</i> . Meyer & Meyer Sport.		
Optional literature (at the time of submission of study programme proposal)	<p>Benvenuti, C., Minganti, C., Condello, G., Capranica, L., &amp; Tessitore, A. (2010). Agility assessment in female futsal and soccer players. <i>Medicina (Kaunas)</i>, 46(6), 415-20.</p> <p>Castagna, C., Bardinelli, R., Impellizzeri, F.M., Grant, A. A., Coutts, A.J., &amp; D'Ottavio, S. (2007). Cardiovascular responses during recreational 5-a-side indoor-soccer. <i>Journal of Science and Medicine in Sport</i>, 10, 89-95.</p> <p>Castagna, C., D'Ottavio, S., a, Granda Vera, J., &amp; Barbero Alvarez, J.C. (2009). Match demands of professional Futsal: A case study. <i>Journal of Science and Medicine in Sport</i>, 12, 490-494.</p> <p>Gorostiaga, E.M., Llodio, I., Ibanez, J., Granados, C., Navarro, I., Ruesta, M., Bonnabau, H., &amp; Izquierdo, M. (2009). Differences in physical fitness among indoor and outdoor elite male soccer players. <i>European Journal of Applied Physiology</i>, 106(4), 483-91.</p> <p>Hermans, V. &amp; Engler, R. (2011). <i>Futsal – Technique, Tactics, Training</i>. Meyer &amp; Meyer Sport (UK) Ltd.</p>		
Quality assurance methods that ensure the acquisition of exit competences	<p>Attending classes</p> <p>Activity on teaching</p> <p>Practical test</p> <p>Theoretical test (written exam)</p> <p>External evaluation of teaching quality through 'Questionnaire for student's evaluation of teaching'</p>		
Other (as the proposer wishes to add)	<p><a href="http://moodle.kfst.hr/course/view.php?id=508">http://moodle.kfst.hr/course/view.php?id=508</a></p>		