

NAME OF THE COURSE		Football					
Code		Year of study	2nd undergraduate				
Course teacher	Associate Professor Marko Erceg, PhD	Credits (ECTS)	3				
Associate teachers	Ante Rađa, PhD	Type of instruction (number of hours)	L	S	E	F	
				5	40		
Status of the course	Elective	Percentage of application of e-learning	20%				
COURSE DESCRIPTION							
Course objectives	To teach students basic theoretical knowledge and practical skills in football and to enable them for individual application of acquired skills and knowledge in practice.						
Course enrolment requirements and entry competences required for the course	Advanced knowledge of English language.						
Learning outcomes expected at the level of the course (4 to 10 learning outcomes)	<ul style="list-style-type: none"> - To define fundamental principles of football - To explain the difference in performing certain football techniques - To demonstrate correct performance of certain football techniques - To analyse specific methodical procedures in football - To identify samples of errors in performance of football techniques - To generate and suggest methodical procedures for removing detected errors in performance of football techniques 						
Course content broken down in detail by weekly class schedule (syllabus)	Course content		N. of hours	Classes held by			
	Methods of teaching juggling with the forefoot and juggling with the upper leg (combination) and methods of teaching juggling with the head		1	Marko Erceg, Ante Rađa			
	Methods of teaching receiving ball by different techniques		1	Marko Erceg, Ante Rađa			
	Methods of teaching moving the ball with the middle forefoot, moving the ball with the outside forefoot and combination of different types of moving the ball		1	Marko Erceg, Ante Rađa			
	Methods of teaching dribbling with the inside and outside part of the foot, "bicycle" dribbling and other types of dribbling		1	Marko Erceg, Ante Rađa			
	Methods of teaching different types of kicks		1	Marko Erceg, Ante Rađa			
	Course content		N. of hours	Classes held by			
	Juggling with the forefoot; Juggling with the upper leg		3	Ante Rađa, PhD			
	Combination of juggling with the forefoot and upper leg; Juggling with the head		3	Ante Rađa, PhD			
	Juggling in movement; Combination of juggling with the forefoot, upper leg and head		3	Ante Rađa, PhD			
	Receiving with the inside of the foot; Transmission with the inside of the foot		3	Ante Rađa, PhD			
	Receiving with the outside of the foot; Transmission with the outside of the foot		3	Ante Rađa, PhD			
	Receiving from the air with amortisation of the forefoot; Receiving the ball with the upper leg		3	Ante Rađa, PhD			

	Receiving the ball with the chest; Receiving the ball with the head (Practical midterm test)	3	Ante Rađa, PhD		
	Receiving from the surface with the inside of the foot; Receiving from the surface with the outside of the foot	3	Ante Rađa, PhD		
	Stealing the ball	3	Ante Rađa, PhD		
	Moving the ball with the forefoot; Moving the ball with the inside of the foot; Moving the ball with the outside of the foot; Combination of different types of moving the ball	3	Ante Rađa, PhD		
	Dribbling with the inside and outside of the foot; "Bicycle" dribbling; Other types of dribbling (Practical midterm test)	3	Ante Rađa, PhD		
	Throw-in; Shot with the middle of the forefoot	3	Ante Rađa, PhD		
	Shot with the inside and outside of the foot	3	Ante Rađa, PhD		
	Shot with the inside of the foot; Volley shots; Shots with the head	3	Ante Rađa, PhD		
	Practical midterm test - exam	3	Marko Erceg, PhD		
Format of instruction	<input type="checkbox"/> lectures <input checked="" type="checkbox"/> seminars and workshops <input checked="" type="checkbox"/> exercises <input type="checkbox"/> <i>on line</i> in entirety <input type="checkbox"/> partial e-learning <input type="checkbox"/> field work <input checked="" type="checkbox"/> independent assignments <input checked="" type="checkbox"/> multimedia <input type="checkbox"/> laboratory <input type="checkbox"/> work with mentor <input type="checkbox"/> (other)				
Student responsibilities	Participation to all forms of course teaching.				
Screening student work (<i>name the proportion of ECTS credits for each activity so that the total number of ECTS credits is equal to the ECTS value of the course</i>)	Class attendance	0.5	Research	Practical training	1
	Experimental work		Report	(Other)	
	Essay		Seminar essay	0.5	(Other)
	Tests		Oral exam	0.5	(Other)
	Written exam	0.5	Project		(Other)
Grading and evaluating student work in class and at the final exam	Grades are from 1 to 5 : grade 1 (below 59%); grade 2 (60% -72%); grade 3 (73% - 82%); grade 4 (83% - 90%); grade 5 (91% - 100%) Class attendance: 15% Seminar: 25% Oral exam: 30% <u>Written exam: 30%</u> Total: 100%				
Required literature (available in the library and via other media)	Title		Number of copies in the library	Availability via other media	
	Ekblom, B. (1994). Football (Soccer). Blackwell Scientific Publications.		1		
	Reilly, T. & Williams, M. (2003). Science and Soccer (Second edition). Routledge, Taylor & Francis Group.		1		

Optional literature (at the time of submission of study programme proposal)	<p>Bangsbo, J. (2007). Aerobic and anaerobic training in soccer. Stormtryk, Bagsvaerd.</p> <p>Bangsbo, J. (1994). Fitness training in football. HO+Storm, Bagsvaerd.</p> <p>Verheijen, R. (1998). Conditioning for soccer. Reedswain videos and books, Spring City.</p>		
Quality assurance methods that ensure the acquisition of exit competences	<p>Individual work with teacher, conversation, participation in class, oral seminar presentation, class attendance registering, final questionnaire on the subject and teacher efficiency.</p>		
Other (as the proposer wishes to add)			